



ITM Institute of
Health Sciences
ITM SKILLS UNIVERSITY

START YOUR HEALTHCARE CAREER

with ITM Institute of Health Sciences

Career-Focused, UGC & Maharashtra Paramedical
Council Approved Health Science Programs with
100% Placement Assurance!



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1927
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 **Thyrocare**
Tests you can trust

 **General
DIAGNOSTICS**
A Person's Best Life Starts Here

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LEADERSHIP



Dr. P. V. Ramana

President, ITM Skills University
Chairman, ITM Group of Institutions

Welcome to ITM Institute of Health Sciences,

A part of the ITM Group of Institutions, India's fastest-growing educational institute. Founded by Dr. P. V. Ramana, the group has established several. Institutions in multiple campuses around the country.

ITM IHS is dedicated to emerging as a trusted institute in the global realm of health education. IHS effortlessly creates trained, primary, and supportive healthcare workers to improve overall healthcare. The Health Sciences programs offer cost-effective and sustainable strategies to recruit, train, and support primary and supportive healthcare professionals in India.

A degree in health sciences at ITM IHS prepares students to excel in paramedical fields, including mid-level management or supervision across healthcare environments, medical or pharmaceutical sales, and community health services. ITM is at its heart, a professional organization, committed to its mission of providing educational opportunities in a fair, equal, and accessible manner.



Dr. Sankalp JP Rao

Director, ITM Institute of Health Sciences
MS (Ophthalmology), MBBS
MBA - Hospital Administration
Fellow - Cornea & Anterior Segment

Welcome to ITM Skills University

As a practicing doctor and lifelong student of medical sciences, I welcome aspiring students as they begin their journey in the field of healthcare. The dire need for well-trained healthcare professionals in India is best served by inducting more and more students into the profession through affordable, high-quality, and modern training and education in the most highly demanding fields of healthcare. At ITM Institute of Health Sciences, you will be trained by highly experienced faculty members with the latest knowledge and practices in your field.

At ITM Institute of Health Sciences we provide our students with well-equipped Labs & Facilities upgraded with advanced equipment and instruments within the college designed for students to conduct practical experiments in various health science disciplines and more often allowing students to gain hands-on experience under the guidance of our experienced faculty members to enhance their practical know-how in their relevant field.



WHAT SETS ITM IHS APART?



Aim for a Global Career



Highlights

At ITM Institute of Health Sciences, we equip students with the skills and certifications needed to achieve outstanding careers in healthcare globally. With placements in prestigious organizations across UAE, Germany, Maldives, and beyond, ITM ensures students are ready to meet international standards.

International Placement Opportunities

With assured placements in leading healthcare organizations worldwide, ITM offers students a springboard to fulfilling international careers. Whether in UAE, Germany, Maldives, or other global destinations, ITM graduates are making a difference in healthcare worldwide.

Global Recognition

UGC and Maharashtra Paramedical Council (MPC) accreditation ensures global recognition, opening government and private healthcare opportunities. ITM Skills University, Navi Mumbai, is officially registered under the Maharashtra Paramedical Council, further strengthening the credibility of our programs.

Diverse Internship Opportunities

Gain hands-on experience through internships with global healthcare giants like GD Diagnostics International, SRL Diagnostics, and Thyrocare Technologies Ltd. Metropolis, Dr. Lal Path Labs, Prism Eye Institutions, Isha Netralaya, Dr. Agarwals Eye Hospitals, Swaraashi Eye Hospitals, Kenia Eye Hospital, Ojas Eye Hospital, and Surya Eye Hospital. These real-world experiences are critical in shaping well-rounded professionals.

Competitive Salary Packages

ITM alumni secure high-paying roles globally, with international placements offering packages ranging from ₹15 to ₹20 LPA, showcasing the demand for our graduate's skills and training.

Job Titles and Career Pathways

Our Bachelor of Optometry graduates work as Clinical Optometrist, in the Optical Retail Industry, as Contact Lens Specialist, as Academics & Research Medical Technicians, Hospital Administrators, in the Corporate Sector, as Entrepreneurs, and more in globally recognized healthcare institutions.

Our B.Sc MLT graduates work as Medical Laboratory Technologists, Research Assistants, Blood Bank Technologists, Clinical Pathology Specialists, Academic Medical Coding & Data Analysts, Forensic Science Experts, Hospital & Laboratory Administrators, Entrepreneurs, or Quality Control Managers.

Global Placement Network

With strategic partnerships in countries like UAE, Germany, Maldives, and recruitment processes underway in Australia, and New Zealand, ITM ensures your career knows no bounds.



HISTORY, ACCREDITATION & APPROVALS

A Legacy in Education Excellence

For over 34 years, ITM has stood at the forefront of quality education, shaping the future of healthcare professionals with a blend of academic rigor and practical expertise. Our institution has earned a stellar reputation for producing industry-ready graduates who excel in the competitive healthcare sectors; whether it's working in state-of-the-art labs or contributing to top-tier healthcare facilities, ITM alumni are making an impact worldwide.

Govt. Recognized Degrees for Your Future

ITM Institute of Health Science programs are approved by the University Grants Commission (UGC) and accredited by the Maharashtra Paramedical Council (MPC), ensuring credibility and career readiness. These accreditations validate our commitment to quality education and open doors to diverse opportunities in both government and private healthcare organizations.

Mark of Excellence:

ITM Skills University, Navi Mumbai, is officially registered under the Maharashtra Paramedical Council Act of 2011 and its Amendment Act of 2016. This further reinforces the legitimacy of our programs, providing students with globally recognized qualifications.

Eligibility for Diverse Roles

Graduates are qualified to apply for both government and private sector positions in India and abroad.

Registered Practitioner Number Advantage

Students secure registration numbers from MPC, a critical credential for building a professional healthcare portfolio.

Government Job Success

Over the past 3 years, 30 Optometry graduates and 3 MLT graduates have been selected for government positions, with packages of up to ₹6 LPA.





SKILL BUILDING

Practical Aspects and Opportunities Given to Students

At ITM Institute of Health Sciences, we focus on cultivating real-world expertise and professional growth through a combination of specialized training and experiential learning. Here's how we ensure students are equipped for success:

Foreign Language Training

- **Languages Offered**

To prepare students for international opportunities, we provide training in Arabic and German, two critical languages for global healthcare roles.

- **Tailored Instruction**

Classes are designed to enhance communication skills, cultural understanding, and professional interactions in multilingual environments.

Comprehensive Soft Skills Development

- Our soft skills programs emphasize personality development, professional etiquette, resume building, and interview preparation.
- Training is conducted by seasoned professionals from Talewind, ensuring students are prepared to excel in both local and international workspaces.

Workshops and Masterclasses

- Regular workshops, industrial visits, and masterclasses are hosted to keep students up-to-date with the latest trends and techniques in healthcare.
- Topics include career development, language enhancement, and emerging healthcare innovations, providing unparalleled exposure to industry practices.

Hands-On Activities for Practical Skill Enhancement

- Simulation training, clinical practice, and diagnostic lab exercises are practices that train students for real-world healthcare scenarios.
- These opportunities build confidence and technical proficiency, preparing graduates to seamlessly transition into professional roles.



World-Class Facilities & Opportunities

At ITM, we believe that quality education is built on a foundation of excellent facilities and expert guidance. We provide an environment where students can thrive:

State-Of-The-Art Infrastructure



Modern Classrooms:

Equipped with interactive technology to foster an engaging learning environment.



Advanced Laboratories:

Cutting-edge tools and equipment for hands-on training in healthcare and paramedical sciences.



Simulation Labs:

Realistic setups for clinical practice, ensuring students are job-ready from day one.

Experienced and Industry-Driven Faculty

- Our faculty comprises seasoned healthcare professionals and academic experts who bring their rich industry experience to the classroom.
- They mentor students with insights into real-world challenges and best practices, bridging the gap between theory and application.

Student-Centric Learning Environment

- We prioritize practical, career-oriented education, offering personalized guidance to help students identify and achieve their professional goals.
- A collaborative and supportive atmosphere fosters critical thinking, innovation, and a passion for lifelong learning.



INTERNATIONAL PLACEMENT ASSURANCE

International Healthcare Warriors

ITM Institute of Health Sciences ensures its graduates are prepared to thrive in the global workforce. With 20+ international placements to locations like UAE, Germany, Maldives, Ireland, Australia, Canada, and More. Our secured partnerships with some of the world's leading healthcare organizations gave our students access to unparalleled career opportunities abroad.

Key Countries for International Placement:



UAE



GERMANY



MALDIVES



IRELAND



AUSTRALIA



CANADA

Top International Recruiters:



Lenskart Group
(UAE)



Yateem Optician
(Abu Dhabi)



Magrabi (Dubai)



Tree Top Hospital
(Maldives)



Titan Eye Plus

With an average salary package of **₹15- 20 LPA**, ITM's international placements reflect the high demand for our graduates expertise and training.

Placement Insights

Our robust placement ecosystem ensures students across disciplines achieve their career aspirations. From industry-relevant training to dedicated placement support, ITM provides comprehensive pathways for success.

B.Sc. MLT Placements:

100+ students placed with average packages of **₹3 - 5 LPA.**

B. Optometry Placements:

85 students placed with average packages of **₹5 - 6 LPA.**



INTERNSHIP OPPORTUNITIES WITH TOP BRANDS

Job Training with the Best Brands

MLT Labs for Internship:

Our extensive partnerships with top labs ensure students gain invaluable hands-on experience including:



Optometry Hospitals for Internship

With leading hospitals and clinics, ITM provides a robust network for Optometry students, including:



These internships provide students with real-world exposure and a competitive edge in their professional journey.



DEGREE PROGRAMS

**Full-Time
Programs**
with

100%
**PLACEMENT
ASSURANCE**



BACHELOR OF OPTOMETRY

The Bachelor of Optometry (B.Opto) is a 4-year undergraduate program designed to train students in eye care, vision science, and ocular health. This program focuses on both the theoretical foundation and practical expertise needed to diagnose and manage various eye conditions. Students gain in depth knowledge of medical sciences and visual intervention techniques to provide effective eye care solutions.

At ITM IHS, we go beyond classroom learning by offering hands-on clinical training and exposure to advanced diagnostic tools such as the Retinoscope and Slit Lamp. As part of the program, students complete a 12-month mandatory internship, where they train under experienced healthcare professionals. The curriculum also includes Business-Focused Training, Foreign Language Learning (Focused on Middle Eastern and African Markets), and Industry-Relevant Certifications, preparing students for a global career opportunity in Optometry.

Key Subjects Covered

- Anatomy
- Physiology
- Ocular Optics
- Ocular Pathology
- Contact Lenses
- Binocular Vision
- Low Vision Management

Indicative Job Roles

- Optometrist
- Researcher
- Academician
- Contact Lens Specialist
- Low Vision Specialist
- Pediatric Optometrist
- Geriatric Optometrist
- Sports Vision Specialist
- Occupational Optometrist
- Entrepreneur

100% Placement Assurance:

ITM IHS assures placement with top Eyewear companies like Lenskart, Titan Eye+, VisionExpress and more.





MASTERS OF OPTOMETRY

Master of Optometry (M.Opto) is a 2-year, full-time postgraduate degree designed to provide in-depth expertise in advanced optometry, patient care, and research. Recognized by the UGC and governed by the Maharashtra Paramedical Council, this program blends clinical training with research methodologies to ensure a well-rounded education. As a member of ASCO (Association of Colleges & Schools of Optometry) and other associations, ITM IHS maintains the highest standards in optometric education.

This program enhances clinical skills and patient care techniques and prepares students for global career opportunities. Through hands-on training in clinical practice, project work, and expert-led seminars, students develop advanced patient care strategies using the latest optometric tools and technologies. The curriculum also includes English & Foreign Language Training, and Professional Workplace Skills, opening doors to International Career Prospects.

Key Subjects Covered

- Advanced Clinical Optometry
- Neuro Optometry
- Low Vision Rehabilitation
- Research Methodologies
- Advanced Contact Lenses
- Vision Therapy Pediatric Optometry
- Advanced Ocular Diseases & Diagnostics

Indicative Job Roles

- Optometrist
- Professional Trainer at MNC
- Researcher
- Academician
- Contact Lens Specialist
- Low Vision Specialist
- Pediatric Optometrist
- Geriatric Optometrist



BACHELOR OF SCIENCE IN MEDICAL LAB TECHNOLOGY (B.SC MLT)

B.Sc in Medical Laboratory Technology (MLT) is a 4-year undergraduate program designed to develop expertise in medical diagnostics and laboratory sciences. The program integrates theoretical knowledge and hands-on training, ensuring students are well-prepared for careers in modern healthcare and diagnostic laboratories.

In the first year, students build a strong foundation in healthcare basics and medical sciences, equipping them with essential skills for Diagnostic Testing. In the second year, they specialize in Clinical Biochemistry, Microbiology, Hematology, and more, gaining hands-on experience in Medical Testing and Analysis. The program also provides training on advanced diagnostic tools like Hematology Analyzers, Electrolyte Analyzer, Coagulometers, and Biochemistry Analyzers to ensure students are industry-ready.

During the final year, students complete a 6-month mandatory internship in top hospitals and pathology labs, working alongside certified pathologists to gain real-world experience.

Key Subjects Covered

- Clinical Biochemistry
- Microbiology
- Hematology
- Advanced Diagnostic Techniques
- Laboratory Equipment

Indicative Job Roles

- Medical Laboratory Technologist
- Clinical Laboratory Scientist
- Blood Bank Technologist
- Microbiologist
- Histotechnician
- Phlebotomist
- Cytotechnologist
- Hematology Technologist
- Research Associate
- Quality Assurance/Quality Control Specialist
- Educator

100% Placement Assurance:

ITM IHS assures placement with top Pathology companies like Thyrocare, Dr. Lal's PathLabs, Metropolis and more.





MASTER OF SCIENCE IN MEDICAL LABORATORY TECHNOLOGY (M.SC MLT)

Master of Science in Medical Laboratory Technology is a 2-year, full-time postgraduate program designed to provide advanced knowledge and hands-on expertise in the field of clinical diagnostics and laboratory sciences. This program focuses on modern diagnostic techniques, research methodologies, and laboratory management, preparing students for leadership roles in healthcare and medical research.

At ITM IHS, we ensure that students receive practical training in clinical laboratories, research projects, and industry-driven seminars. The curriculum enhances technical expertise in diagnostic procedures, laboratory automation, and quality control practices. Students undergo Language and Professional Skills Training, making them industry-ready for Global Healthcare Careers.

Key Subjects Covered

- Advanced Clinical Biochemistry
- Medical Microbiology
- Advance Hematology
- Molecular Diagnostics
- Research Methodology and Biostatistics
- Applied Management in Clinical Laboratory
- Quality Assurance, Standardization and Accreditation (Clinical Laboratory)
- Instrumentation in Clinical Laboratory

Indicative Job Roles

- Senior Medical Laboratory Technologist
- Clinical Research Associate
- Molecular Diagnostics Specialist
- Quality Control & Assurance Manager
- Healthcare Laboratory Manager
- Immunology & Hematology Specialist
- Pathology Lab Supervisor
- Biotechnology Research Scientist
- Medical Data Analyst
- Academic & Teaching Professional
- Public Health Laboratory Specialist
- Forensic Lab Technologist
- Medical Product Development Specialist
- Regulatory Affairs Specialist in Healthcare
- Global Healthcare Consultant



MAHARASHTRA PARAMEDICAL COUNCIL ACCREDITATION BENEFITS

The Maharashtra Paramedical Council (MPC) is a governing body responsible for the accreditation, regulation, and standardization of paramedical education and practice in Maharashtra. It plays a vital role in ensuring that paramedical professionals meet the required qualifications and ethical standards.

Key benefits of MPC accreditation:

Legal Recognition	Professionals registered with MPC receive a unique registration number, legally permitting them to practice in the state.
Professional Credibility	An MPC-registered professional is more likely to gain the trust of employers, hospitals, and patients.
Employment Opportunities	Many healthcare institutions prefer or mandate MPC registration for recruitment, giving registered professionals a competitive edge.
Opportunities for Private Practice	With an MPC registration, professionals can open their own diagnostic centers, and physiotherapy clinics, or work as independent paramedical consultants.
Access to Government Schemes	Registered paramedical professionals may be eligible for government healthcare initiatives and programs.

What is the Process for MPC Registration?

The process for obtaining Maharashtra Paramedical Council registration involves the following steps:

- Candidates must have completed a recognized paramedical course from an accredited institute.
- Candidates must fill out the official MPC registration form (Application Form), available on the council's website, and submit it along with the required documents.
- Important documents such as mark sheets, identity proof, and course completion certificates are verified.
- A nominal registration fee must be paid via the online portal or designated bank.
- Upon successful verification and approval, the applicant is issued an MPC registration number, allowing them to legally practice in Maharashtra.

What is the Scope of MPC Registration?

MPC registration opens up diverse career opportunities in the healthcare sector.

Scope of Work After MPC Registration:

Government & Private Hospitals	Employment as a Lab Technician, Radiologist, or Other Paramedical Roles.
Diagnostic Centers	Work in Pathology Labs, X-Ray Centers, or Ultrasound Clinics.
Independent Practice	Open a Physiotherapy Center, Medical Laboratory, or Other Specialized Practice.
Educational & Training Institutes	Teach in Paramedical Colleges or Training Centers.
Home Healthcare Services	Work as an Independent Medical Assistant or Therapist for Home-Based Patients.
Medical Research & Development	Opportunities in Clinical Trials, Pharmaceutical Research, and Diagnostic Tool Development.

How We Guide Students in Achieving This?

At our institution, we ensure that students receive full support in obtaining MPC registration:

- We offer accredited paramedical courses that align with MPC standards.
- Our team helps students with documentation and application submission.
- We provide coaching for any competency exams required for registration.
- Hands-on experience is provided to meet the eligibility criteria for registration.
- We assist students in securing jobs in Hospitals, Clinics, and Laboratories post-registration.

How This Will Lead to Credibility and a Recognized Portfolio in the Future

MPC registration enhances a professional's credibility by providing official recognition of their skills. A registered professional gains more trust from Employers, Patients, and Regulatory Bodies.

Long-Term Benefits	Hospitals and Medical Centers prioritize registered professionals.
Higher Employability	MPC certification can lead to promotions and specialization opportunities.
Career Growth	MPC certification can lead to promotions and specialization opportunities.
Global Recognition	Some countries recognize Indian paramedical certifications, making it easier to work abroad.
Entrepreneurial Opportunities	With official recognition, professionals can establish their own healthcare ventures, such as Diagnostic Labs or Therapy Centers.

Examples of Practice Fields with MPC Registration

Several career paths open up with MPC registration, including:

Pathology Lab Technician : Conducts Blood Tests, Biopsies, and Diagnostic Analyses in Labs.

Radiology Technician : Operates X-Ray, MRI, and Ultrasound Machines in Diagnostic Centers.

Physiotherapist :Treats Musculoskeletal Issues in Hospitals and Private Clinics.

Operation Theatre Technician: Assists Surgeons and Ensures Smooth Functioning of Operation Theatres.

Medical Lab Owner: With registration, professionals can start their own diagnostic labs.

Established Diagnostic Centers by MPC-Registered Professionals

Dr. Lal PathLabs: One of India's largest diagnostic chains, hiring certified paramedical staff.

Thyrocare Technologies: A leader in pathology testing, employing registered lab technicians.

Suburban Diagnostics: Founded by registered professionals, offering lab and radiology services.



ABOUT GOVERNMENT JOB OPPORTUNITIES

Process for Government Job Applications

ITM ensures that students aspiring for government healthcare roles are fully informed and supported throughout the application process. As per the Government of Maharashtra circulars and notifications, ITM follows a structured approach:



Eligible students are notified about government job openings via email, calls, and updates on the ITM website. This ensures no opportunity is missed.



Our dedicated placement team provides step-by-step assistance, from filling out applications to understanding eligibility requirements, documentation, and submission processes.



Through soft skills training, interview preparation, and mentoring, students are equipped to confidently apply for and excel in government recruitment processes.

Job Opportunities and Success Stories

ITM graduates have successfully secured placements in prestigious government healthcare roles. In the last few years, 30 students from the Optometry course and 3 students from the MLT course have been recruited into government positions, demonstrating our support system for public sector employment.

Institutions and Departments Where Students Have Been Placed:

- Maharashtra Shasan Upasanchalak Arogya Seva, Nashik Mandal
- Maharashtra Shasan Upasanchalak Arogya Seva, Latur Mandal
- Sarvajanic Arogya Vibhag, Karayalay Upasanchalak, Arogya Seva Parimandal, Chatrapati Sambhaji Nagar
- Maharashtra Shasan Upasanchalak Arogya Seva, Akola Mandal
- Maharashtra Shasan Arogya Seva, Jilha Shalya Chikitsak, Jilha Rugnalaya, Beed
- Maharashtra Shasan Upasanchalak Arogya Seva, Nagpur Mandal
- Jilha Rugnalaya, Dharashiv
- Maharashtra Shasan Upasanchalak Arogya Seva, Kolhapur Mandal
- Raigad Zilla Parishad, Alibag
- Jilha Rugnalaya, Raigad, Alibag
- Maharashtra Shasan Upasanchalak Arogya Seva, Mumbai Mandal, Thane

Why ITM Graduates Excel in Government Jobs



Recognized Accreditations

Degrees approved by the University Grants Commission (UGC) and Maharashtra Paramedical Council (MPC) meet the eligibility criteria for government healthcare roles.



Industry-Ready Training

Our focus on practical skill development ensures students are prepared for the demands of public sector healthcare services.



Career Support

ITM's placement team works closely with students to identify and secure government job opportunities that align with their qualifications and career goals.

Average Salary Packages for Government Roles

Graduates placed in government positions receive competitive packages, ranging from **₹6-8 LPA**, along with the prestige and stability of public sector careers.

By blending practical training with dedicated career support, ITM paves the way for students to secure coveted government roles in the healthcare sector.



CAMPUS FACILITIES AT ITM

Wholesome Campus with Modern Lab & Technology

Our campus laboratories are well-equipped with all the essential instruments, helping our students practice using instruments they would be used in the future on the job. At ITM IHS we are committed to preparing students for the industry through practical, job-oriented training.

Below, we have detailed the specialized labs on campus, each equipped with state-of-the-art instruments designed to give our future healthcare professionals the skills and knowledge they need to become invaluable assets in hospitals, clinics, and diagnostic labs.

Microbiology Lab

Hot Air Oven

A device that sterilizes laboratory equipment and glassware, effectively eliminating microorganisms to maintain lab hygiene.

Incubator

It provides a controlled environment with regulated temperature, humidity, and sometimes CO₂ levels, facilitating the growth and maintenance of microbial cultures.

Water Bath

A laboratory apparatus used to incubate samples in water at a constant temperature over a specified period.

Compound Microscope

An optical instrument that uses multiple lenses to magnify small specimens, allowing detailed visualization of microorganisms, cells, and tissues.

Hematology Lab

Automated Cell Counter

An instrument designed to quickly and accurately count blood cells, including red blood cells (RBCs), white blood cells (WBCs), and platelets.

Coagulometer

This device is used to assess the coagulation properties of the blood by measuring clotting times.

Compound Microscope

Utilized to examine blood smears, allowing for the assessment of cell morphology and identification of abnormalities.

Clinical Biochemistry Lab

Biochemical Analyzer

An automated instrument that measures the concentration of specific chemicals and enzymes in biological samples, such as blood or urine.

Electrolyte Analyzer

An electrolyte analyzer measures the levels of electrolytes - such as sodium, potassium, chloride, and bicarbonate - in biological fluids.



Optometry Labs

Refraction Clinic

At our Refraction Clinic, we focus on equipping students with fundamental optometry skills, including:

- Visual Acuity Assessment
- Retinoscopy
- Subjective Refraction
- Manual Lensometry
- Keratometry

Through hands-on training, students develop precision and expertise in essential diagnostic techniques, laying a strong foundation for their professional journey in optometry.

Vision Therapy Clinic

The vision therapy clinic is well equipped to train and guide students in learning the Vision Therapy treatment which is an important component of **optometric practice** designed to develop, improve, and enhance **visual skills** such as eye movement control, eye focusing ability, and eye coordination.

Proper training and guided instruction help improve **visual efficiency**. This is because, during vision therapy, optometrists assign specialized visual tasks to be performed under **controlled observation**. With repetition and structured practice, an optometrist to perform the test with complete care and precision.

Contact Lens Clinic

Contact lenses are a well-established solution for **refractive error correction**. However, beyond vision correction, they also serve **therapeutic applications** for specific ocular conditions.

We train students in contact lens fitting for conditions such as:

- Keratoconus
- Pellucid Marginal Degeneration
- Aphakia
- Albinism
- Stevens-Johnson Syndrome
- Color Deficiency
- Corneal Scars

Specialty Contact Lenses Covered in Training:

- Scleral Contact Lenses
- Rose K Lenses
- Orthokeratology Lenses
- Silicone Hydrogel Lenses
- Hybrid Lenses
- X-Chrome Lenses
- Bandage Contact Lenses
- Prosthetic Contact Lenses

Through practical sessions, students gain expertise in assessing, prescribing, and managing specialty contact lenses for diverse patient needs.

Low Vision and Rehabilitation Lab

Our **Low Vision & Rehabilitation Lab** focuses on assessing **low-vision patients** and prescribing appropriate **optical and non-optical devices** to help them regain independence in daily activities.

Training includes the use of:

- Telescopes
- Hand-Held Magnifiers
- Stand Magnifiers
- C.C.T.V. (Closed Circuit Television for Vision Enhancement)
- Illuminated Hand-Held Magnifiers
- Illuminated Stand Magnifiers

Before dispensing these devices, students are trained in **patient education and rehabilitation techniques** to ensure effective usage, ultimately enhancing the **quality of life** for individuals with low vision.



CAMPUS LIFE, EVENTS, BUZZ

CAMPUS FEST

Tarang

Students are ready to relive their school days with our annual sports event, Tarang. This event ignites enthusiasm and competitive spirit among students and staff.

Students get on the pitch to participate in various individual and group games, with a traditional game of cricket and football. It also includes fun challenges such as relay races and tug-of-war.



CULTURAL EVENTS & FESTIVALS

Yoga Day

Health is all about mindfulness and peace from within. Hence, we organize special yoga sessions for our optometry students, guiding them through various asanas and breathing techniques. A certified yoga instructor conducts the session and tells us the importance of yoga in maintaining physical and mental well-being.

Teacher's Day

Teachers mold us to be successful individuals in our formative years. To express our gratitude and admiration for them, we celebrate Teacher's Day with all our might. Students organize engaging activities and performances, including games, speeches, and cultural presentations, honoring teachers for their efforts.

Navaratri

As the world dances to the tunes of Garba and Dandiya, so do the students of ITM IHS. Our campus is lit with the energy and colors of Navratri as students celebrate this festival with traditional fervor. Students dress to impress and then perform Garba and Dandiya. Best Dancer and Best Dressed win awards, adding to the excitement of the festivities.

Diwali

At the ITM IHS campus, Diwali celebrations are creative and joyous, including competition and innovations driving the spirits of the festive season. The competitions include diya decoration, rangoli art, classroom decoration, and lantern making, encouraging teamwork, innovation, and a festive spirit.

Holi

Holi celebration on campus is a joyful event filled with vibrant colors and festive cheer. Students perform the traditional Holika Dehen, symbolizing the victory of good over evil, followed by students playing with colors and dancing. The celebration ends with laughter, bonding, and shared experiences, making it a memorable highlight of campus life.



ADMISSION & FAQ

Eligibility

B.Optometry

Candidates must have passed 12th grade in Science (PCB/PCM) and an aggregate of at least 40%.

B.Optometry (Lateral Entry - 2nd Year)

Candidates must have a 10+2 certificate in Science (PCB/PCM) and a Diploma in Optometry from a recognized institute.

M.Optometry

Candidates must hold a B.Optometry or equivalent degree with an aggregate of at least 50% and must have completed a compulsory clinical internship before admission.

B.Sc in Medical Laboratory Technology (MLT)

Candidates must have passed 12th grade in Science (PCB) and an aggregate of at least 40%.

M.Sc in Medical Laboratory Technology (MLT)

To be eligible for an M.Sc MLT course in Maharashtra, you must have completed a Bachelor of Science in Medical Laboratory Technology (B.Sc MLT/ Microbiology / Biochemistry / Life Sciences) from a recognized university with an aggregate of at least 50%.

How to Apply

STEP 1

Register online through the link. itm.edu/ihs/form

STEP 2

Confirm your registration by verifying your email address and contact number through an OTP.

STEP 3

Complete the application form.

STEP 4

Submit the application fee online to finalize your application. After submission, download a PDF copy of the application for your records.

Selection Criteria

Candidates' suitability for the program is assessed through a personal interview. Students are selected based on their academic performance, comprehension and articulation, confidence, grooming and attire, general awareness, and co-curricular activities. Each criterion is equally important, and applicants are evaluated based on their overall performance and enthusiasm for the program.

Results

The selection process results will be communicated to candidates and their parents on the same day as the personal round interview. Upon selection, candidates are required to reserve their seats for the program.



TESTIMONIAL

Meet Our Successful Alumni



Poojakumari Chouhan

(B.Opto- 2015-19 & M.Opto- 2022-24)

GRAMIN RUGNALAYA,

Public Health Dept. Govt. of Maharashtra

"As a proud alumnus of ITM Institute of Health Sciences (ITM-IHS), I am grateful for the strong academic foundation and practical exposure that shaped my journey in the healthcare profession."



Neha Mahajan (M.Opto 2017-18)

LENSKART.COM

Regional Training Manager

"As an alumnus, I can confidently say that this institution has played a crucial role in shaping my career. The faculty is highly knowledgeable and supportive, ensuring a strong academic foundation along with practical exposure."



Moyeed Shaikh

(BSC MLT 2020 - 23)

AGILUS LAB IN FORTIS HOSPITAL

"I learnt many new subjects and lab practice. I feel so grateful and lucky that I got to enroll in such an amazing university. I thank ITM, because of them I got selected in Agilus lab in fortis hospital and thus fulfilling my dream."

STUDENT TESTIMONIAL

What Our Students Say About Us!

BSC MLT



"Studying at ITM has been a good experience."

The curriculum is well-structured, offering both theoretical and practical knowledge. It has always been a blend of learning and fun as the campus is always busy with events and activities.

Samiksha .M.Gaddam

B.sc MLT 2023-27



"The faculty members at ITM IHS are knowledgeable, approachable, and supportive."

They provide individual attention to students and help them overcome challenges.

Santosh Sheshnath Nai

B.sc MLT 2023-27



"The faculty has been really supportive, providing guidance throughout."

Beyond academics, the college offers numerous extracurricular opportunities that have helped us grow more. I am grateful to be a part of this institution!

Mahek Khalid Qadri

B.sc MLT 2023-27

B.OPTO



"Choosing this college was one of the best decisions of my life. "

The fully equipped labs and clinical training opportunities have significantly enhanced my skills. Beyond academics, the college offers various extracurricular activities that have helped me to grow as an individual.

Prabhavi Shigvan

B.opto 2024-28



"ITM Institute of health science has given me a platform for identifying & developing my skills. "

A dynamic blend of challenging academics and a vibrant extracurricular scene makes this college a hub for cultivating well rounded individuals.

Vaibhavi Mali

B.opto 2024-28



"ITM helps us to learn new skills and new knowledge in areas that interest you."

It also gives us the chance to meet new people with different backgrounds and interests. They also send us to seminars and conduct workshops to gain knowledge.

Niranjani Ramachandran

B.opto 2023-27

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